

## **Grubmaster Helpful Hints**

### **I. Acquiring the Food:**

1. Each outing is budgeted for food at a cost of \$3/meal. Usually, there is some money to purchase an in-between meal healthy snack for the patrol. The Grubmaster is expected to stay within his budget. If he exceeds his budget, the family is responsible for the overture. However, all unconsumed food from the outing will go home to the Grubmaster's family to consume at a later time. The troop does not need the receipt.
2. Purchase pancake mix in one of the plastic jugs where all you need to add is water and shake. Makes it easy to mix and simple to clean up.
3. Purchase turkey bacon and not pork bacon. The lack of grease reduces the chance of a camp stove fire and makes for easier clean up – AND is more healthy for you!
4. If buying pork sausage, purchase fully-cooked sausage links (the heat and serve kind). Again it makes for easy clean-up and eliminates camp stove grease fires.
5. If buying ingredients for a dutch oven pizza, purchase pre-made crust in a refrigerated tube (Pillsbury) or consider the room temperature Boboli Crust.
6. Oatmeal should be purchased as individual packets or consider the convenient plastic tubes where you just add water.
7. If you just need a little of an ingredient or a condiment (like ketchup), consider bringing it from your home kitchen rather than purchasing a whole new container.

### **II. Preparing the Food:**

1. If possible, precook hamburger meat if adding it to other ingredients (like Hamburger Helper, spaghetti sauce etc). Just put the cooled cooked hamburger meat in a zipped plastic baggie and store in a cooler. This step eliminates the greasy mess on the campout and the need to strain the grease off the meat before adding it to the rest of the ingredients.
2. If serving celery or carrot sticks or other vegetables, consider washing, peeling and chopping them at home the night before the campout. Store in zipped plastic baggie.
3. The patrol box contains salt and pepper. If you require another seasoning, bring it from home. The patrol box also contains a bottle of

cooking oil.

4. The troop does not provide coolers or ice packs. Please bring food that needs to remain cold in your own family cooler with ice/ice packs. If you don't own a cooler, arrange with a patrol member family for a loaner.

### **III. Leftovers:**

1. Pack along a couple of disposable plastic containers for leftover food that is worth taking back home. Each patrol box contains a roll of aluminum foil, but for leftovers, the new disposable plastic containers work better for food storage. **NO** food should be stored in the patrol box until the next campout.
2. If you find that you did not use all of the money budgeted to you for purchasing the patrol food, use the balance to purchase paper towels or charcoal (Kingsford preferred) for the troop to use on future outings. The typical patrol consumes about 1-2 rolls of paper towels/outing. Although the Troop provides paper towels and charcoal as part of our camping equipment, if you want to supplement our stock, we will gratefully accept additional charcoal or paper towels.
3. Each patrol box contains plates, bowls, cups, silverware, pots and cooking utensils, as well as clean-up supplies. One aim of campouts is to teach the Scouts how to cook and how to clean-up afterwards. We do not want to use disposable plates, cups, and silverware. Their use is not environmentally-friendly and the Scouts need to learn how to properly wash dishes. There may be certain outings where we will want to use disposable plates, etc., but in those circumstances, the Grubmaster's family will be told in advance.